



WHAT SHOULD WE DO IF WE MUST GATHER INSIDE THE HOUSE?



1. Don't greet others with a kiss, a hug or a handshake.
2. Gatherings must take place in a space large enough so that everyone can keep at least 6 feet apart from others (not including members of their own household).
3. Open doors and windows to circulate the air.
4. Guests belonging to different households must keep their seats 6 feet apart in all possible directions.
5. Wear a mask at all times; take it off only to eat and drink.
6. Everyone must wash their hands with soap and water upon arrival, and use hand sanitizer frequently.
7. Limit the number of people who serve and handle food. The people serving and handling food must wear a mask at all times and wash their hands with soap and water or use sanitizer.
8. Serve drinks and food in single-use disposable plates and containers. Don't share food or drinks.
9. Don't share towels. Only use paper towels and paper napkins.
10. Avoid long gatherings; the shorter they are, the lower the risk.
11. These guidelines apply to all types of gatherings, even last minute or unannounced visits.

IF YOU'RE A HOST:

1. If possible, organize virtual gatherings.
2. Inform your guests of the rules that are in place to gather in person safely.
3. Make a list of all guests attending in case you need to activate contact tracing.
4. Ask your guests beforehand if they have experienced symptoms related to COVID-19 (fever, cough, shortness of breath, chills, night sweats, sore throat, nausea, vomiting, diarrhea, tiredness, muscle or body aches, headaches, confusion, or loss of smell and taste). If so, they should stay at home and not come in contact with anyone outside their home.
5. If any of your guests get COVID-19 in the next 10 days, notify everyone who attended. It's for their own good.
6. Tell your guests that when it comes to serving food they do it as a single group, so that only those who live in the same home do it at the same time while the others wait.
7. Offer straws so guests are able to sip on their drink without having to remove their face mask.
8. Remind them that those who are not part of the same household should wear a mask and keep a safe distance from each other.
9. Provide a place for them to wash their hands and have paper towels and sanitizer throughout the gathering space.

IF YOU'RE A GUEST:

1. If you're sick, stay home.
2. If you get COVID-19 within 10 days of attending the gathering, you should notify the host and the rest of the attendees as soon as possible to inform them of their potential exposure to the virus.
3. Get your flu shot prior to visiting friends and family during the flu season.
4. Take special care to avoid exposure to the virus during the two weeks prior to an in-person gathering in order to prevent the asymptomatic spread of COVID-19.

**DON'T LET YOUR GUARD DOWN
WITH COVID-19**

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